



OLGA

Older Lesbian, Gay, Bisexual & Trans Association
A Community Network



PO Box 458 Scarborough YO11 9EH Telephone: 07929 465044 Email: olga@mypostoffice.co.uk

Newsletter Issue 13

September October November 2011

AGM

A warm thank you to all of you - over 50 people! Who attended the OLGA AGM, you were treated to an afternoon of poetry, cabaret and keynote speeches, held at the Palm Court Hotel, Scarborough on Tuesday 5th July

The AGM was a celebration of

the groundbreaking work that OLGA has been doing with local strategic partners, North Yorkshire County Council Health and Social Care Services, Scarborough Borough Council, and Tees, Esk, Wear Valleys NHS Mental Health Trust.

Amongst speakers to celebrate the work of OLGA, were joint Leader of the Council, Cllr Penny Marsden and Sue Mann of Age UK. Cllr Penny Marsden thanked OLGA on behalf of the Council for advice resulting in

recent policy changes and offered the continued support of the Council. Sgt Jacqui Raynor reminded the audience that OLGA is a Hate Crime third party reporting centre, and hoped that homophobic crimes would be reported by victims. Nasr Eman, Community Cohesion Officer at North Yorkshire County Council reinforced the statement that everyone is different, but equal.

Thank you once again to everyone who helped make the AGM such a huge success.



AGM Cabaret OLGA members enjoy top entertainment from female impersonator Chris Field



Bryan was our 'meeter and greeter' at our AGM

York's Gay Pride

'A spectacular success'



Well over a thousand people attended York Pride 2011 on 30 July to laugh, sing and dance along with a wealth of bands and entertainers – and to shed a tear in a hugely moving tribute to David Kato, a gay rights activist and recent resident of York who was murdered in 2011 because he was gay.

York MP Hugh Bayley and the Lord Mayor led a mass release of biodegradable rainbow-coloured balloons in commemoration of David Kato, to the sound of 'We are together', an African spiritual

anthem performed by Gay Abandon, a sixty strong LGBT choir. This followed a minutes silence and moving speeches by Lars Waldorf, David Kato's former lecturer at York University, and by York MP Hugh Bayley, who said "David Kato was very brave to campaign for equal rights for homosexuals in Uganda. He made many friends in York and they were appalled and devastated when he was murdered shortly after he returned to his own country. I hope his shocking death will prompt the Ugandan Parliament to step back from

passing laws which victimise and discriminate against gay men and women."

Dan Sidley, Chair of York Pride, added 'We are delighted to have more than doubled last year's York Pride attendance and the feedback from our many visitors was excellent. The search is now on for a bigger venue to accommodate the rapidly increasing number of people who want to join our celebration'. He continued 'We are indebted this year to Northern Rail, our main sponsor, and to supporters 659 Taxis and Garage Services, Transcore construction and El Piano restaurant, and to the almost 40 York bars, shops and restaurants that have joined our Pride wristband discount scheme'.

York Pride is in its fifth year and as the event has grown so too have the activities over the whole Pride weekend. The main event in York's Rowntree Park on 30 July (1-6pm) saw an exciting main stage line up of live music and cabaret headlined by Bears Aloud and the Dame Shirley Bassey Experience. The party continued afterwards at the Duchess in York until 3am.



Gay Abandon, LGBT Choir commemorate the death of David Kato.

Don't forget our very own Scarborough Pride

OLGA will have a stall at Scarborough Gay Pride which is going to be a bigger, better and a lot more fun than the last year. People attending Scarborough Gay Pride 2011 will surely have a great time with back to back fun filled events, games, activities and fantastic music from the house DJ. There will also be an award for the best

dressed at the event and music from a special guest.

On Sunday September 4th The fun and celebrations at Peasholm Park will start at 11:00 am and it will continue till 5:00pm. The highlight at this event will be the group 'Hand It to 'Em', to be joined by Kathy Bloom and 'I'm not Pink'.

The Scarborough Gay Pride will be a complete fun filled picnic where you can come along with your family members and friends. The picnic pride event will be a completely free event and everyone is welcomed. On Saturday September 3rd, there is a barbeque, and live entertainment at the Station Pub, Filey, 4pm till late.

Scarborough and Ryedale Carers Resource



Scarborough and Ryedale Carers Resource (SRCR) is a registered charity and company limited by guarantee. We operate from our office in Snainton and cover Scarborough, Whitby, Ryedale and the outlying villages. We provide free, confidential, independent information, advice and emotional support to unpaid family carers:- *adult carers of disabled children and adults who have a physical or sensory impairment, learning difficulty; who have long or short term life limiting illness; mental health problem or who are frail and elderly.*

The majority of our individual work with carers is provided through our helpline service, Tuesday and Wednesday 1pm – 4pm and Thursday morning

9am – 12noon or by home visits. We can also meet carers in community venues such as the local Library, or GP Surgeries. We have a weekly "drop in" service on Tuesday's 1pm – 4pm in the Market Vaults, Castle Ward. We provide Carers Assessments on behalf of the Local Authority. We deliver training to carers mainly through the Caring with Confidence courses and also awareness training to professionals. We provide help with benefits, finances, funding, long term planning and help with approaching support from other agencies.

3 in 5 of us will be a carer at some point in our lives and 1 in 10 adults in the UK is a carer and the peak age for caring is 45 - 64.

More than 80% of carers say that caring has had an adverse impact on their own health and almost half of those providing substantial care (over 50 hours per week) have been treated for a stress-related disorder. 86% of carers said their financial situation was affected by caring.

As long as you are providing some form of support/care to a family member, friend or neighbour we can help. We have a free quarterly newsletter Focus Carer and an informative website. We are on Facebook and Twitter. Please contact us on 01723 850155 www.carersresource.com or staff@carersresource.net

Elizabeth McPherson
Chief Officer

OLGA workshops

Mary's health & social care section

During the workshops Mary teases comments and prejudices out of people and then responds by providing positive examples and good practice. I asked Mary, what are the top 5 questions you get asked in workshops, or comments you hear? Mary said she often hears, 'we treat everyone the same' or 'you're not a special case', 'why should we alter our language'. Well, we are not all the same are we? We are 'equal, but different' to quote Nasr Moussa Emam, North Yorkshire County Council Community Cohesion Officer, from our recent AGM. The language that people use needs to be inclusive; for example Mary had surgery recently and was herself asked 'who is your next of kin?' Needless to say, Mary was quick to correct them, 'you mean, who is my contact person?'

This year Mary and OLGA have been asked to advise Tees Esk and Wear Valley NHS, North Yorkshire County Council Health and Social Care and Scarborough Borough Council on the use of language in a number of their policy documents. In the autumn, Mary has been invited to speak to care home managers from a large care home group.

How to book an OLGA workshop or find out more email info@olga.uk.com or telephone 07929 465044 in confidence.

What has OLGA been up to?

June was mainly preparation for the AGM and appointing Annie at the end of June as our new Communications & Marketing Manager. Find out more about Annie under OLGA PEOPLE. Annie will be responsible for all aspects of OLGA's publicity and communications. That includes this Newsletter, promoting the Socials and the Workshops. Sending regular communications to our partners to keep them up to date and informed.

Mary and Shirley also attended a Gender Equality Forum at the Royal College of Nursing in London.

July kicked off with the AGM, which was hard work, but a great success. We officially welcomed our new steering group, staff members and thanked our volunteers.

Mary and Shirley attended an Age UK Forum on Older Women's Needs. The report from this Forum goes to government. Di and Shirley visited the brand new Older Peoples Unit at Cross Lanes Hospital, Scarborough. Mary and Di attended an Equality Forum at Malton, 'Ryedale Together'. Towards the end of July, Duncan Webster, Chair of Carers Resource attended one of our Socials. There is an article covering the presentation that Duncan gave, later on. What a busy month!

In August, OLGA met with North Yorkshire Police, Superintendent Javad Ali and Inspector Tony Quinn. We are preparing a joint press release on Hate Crime reporting – look out for it in the Scarborough Evening News. We will also put it in our next newsletter. OLGA also attended York Pride and OLGA continued to support Scarborough Gay Pride by attendance at planning meetings and fundraising events.

Nasr Emam at Olga AGM said

"We are all different, but equal."



OLGA People

This is a regular feature in our Newsletter. This time we will hear from OLGA's newest recruit – Annie Hooper, our Communications & Marketing Manager.

Q. What do you do at OLGA?

A. At the moment I am paid 5 hours a week, to maintain and develop all aspects of OLGA's publicity and communications, that includes this Newsletter.

Q. What do you enjoy most about OLGA work?

A. Three things, in no particular order – the message, I believe there is a real need for the work that OLGA does; the passion, everyone involved is dedicated and passionate about the work; the team, everyone has given me a really warm welcome.

Q. What do you not enjoy about OLGA work?

A. It came as an unwelcome shock to see that people still live in fear of homophobia – I grew up in a diverse and inclusive community, it's sad to be reminded that my home town of Brighton is unique and not the norm.

Q. How do you like to relax when not working for OLGA?

A. Well I work freelance for a few other projects too. The good thing about that is I get to choose projects that inspire and motivate me. It's never a chore. Outside of earning a living, I would love to get creative – I am about to start a print making course. You might see some of it in the next newsletter!

Q. Where would you like to see OLGA in the future?

A. As nationally significant as Stonewall... but first, I would like to see us raise our profile amongst the LGBT community and our partners locally and in the region. We have a long way to go, but I think we can get there. What do you think?

Number of scarborough elderly set to rocket

Published in SEN on Wednesday 3 August 2011

SCARBOROUGH is set to experience its biggest population growth in a century, it has been claimed.

The projections, obtained via a Freedom of Information request made to Scarborough Council, predict a dramatic rise in the number of over 65s living in the

Scarborough borough over the next two decades, putting a huge strain on resources. The age group would make up almost a third of the borough's total population.

What does this mean for OLGA?

We would expect an increase in

the demand for the services of Care Homes; which means OLGA needs to help Care Homes and Care Providers identify older lgbt people, so we can befriend them. There will be more work for OLGA to do; we need to make sure we have the resources in place to do this.

Also in the news

Radio 4

Professor Amanda Vickery presents dramatized extracts from gripping Old Bailey court cases from the 18th Century and discusses with fellow historians what they reveal about the period. First aired on 3rd August, Series 2 Sexual Subcultures uses a court case to explore the lives of 18th century gay men.

Listen Again, or find out more on the Radio 4 website <http://www.bbc.co.uk/programmes/b012ww6h#synopsis>

From Stonewall

With media reports rumbling on that Weatherfield and other soaps have too many lesbian, gay and bisexual characters, it's heartening to hear that many of our soaps are set to welcome more diverse characters. Emmerdale will gain a **new lesbian couple** later this year while a **long-established Walford resident will come out** in the months ahead. Having positive and fair portrayal of lesbian, gay and bisexual people on our screens is something Stonewall passionately believes in.

From Pink News

A married lesbian couple have

been commended for saving the lives of 40 teenagers in Norway's massacre two weeks ago. Toril Hansen and Hege Dalen were having dinner on the shore opposite the island of Utoya when they heard shots ring out and screaming. They saw young people running into Lake Tyrifjorden as Anders Behring Breivik opened fire on the Norwegian Labour Party camp. In a stunning act of bravery, the couple got in their boat and started towards the island. Hansen and Dalen made four runs across the lake, each time picking up injured, frightened and dazed youngsters while Breivik shot at – and hit – the sides of the boat.

Future Events

September

Saturday 3rd – Scarborough Pride Barbeque and Live Entertainment, Station Pub, Filey 4pm till late

Sunday 4th – Scarborough Pride, OLGA Stall at Peasholm Park 11am - 5pm

Sunday 4th – East Coast Walking Group, tel: 01723 375180 for details

Tuesday 6th – OLGA SOCIAL 1pm – 4pm

Thursday 8th – YORK 50+ INFORMATION FAIR from 10 am - 4 pm at the Guildhall. 30 stands, including OLGA, brimming with information, advice, services and refreshments! All welcome - admission free.

Tuesday 13th – OLGA SOCIAL 1pm – 4pm

Tuesday 20th – OLGA SOCIAL 1pm – 4pm

Saturday 24th – Circle Dancing at St James Church, Scarborough, 7pm – 9pm

Tuesday 27th – OLGA SOCIAL 1pm– 4pm

Friday 30th – from 9am OLGA will have a stall at Hull University; Scarborough Campus, Fresher's Day Fair

October

Sunday 2nd – East Coast Walking Group, tel: 01723 375180 for details

Tuesday 4th – OLGA SOCIAL 1pm – 4pm

Tuesday 11th – OLGA SOCIAL 1pm – 4pm

Tuesday 18th – OLGA SOCIAL 1pm – 4pm

Tuesday 25th – OLGA SOCIAL 1pm – 4pm

Saturday 29th – Circle Dancing at St James Church, Scarborough, 7pm – 9pm

November

Tuesday 1st – OLGA SOCIAL 1pm – 4pm

Sunday 6th – East Coast Walking Group, tel: 01723 375180 for details

Tuesday 8th – OLGA SOCIAL 1pm – 4pm

Tuesday 15th – OLGA SOCIAL 1pm – 4pm

Tuesday 22nd – OLGA SOCIAL 1pm – 4pm

Saturday 26th – Circle Dancing at St James Church, Scarborough, 7pm – 9pm

Tuesday 29th – OLGA SOCIAL 1pm – 4pm

MEET & EAT

OLGA will arrange one per month, details to follow, as we usually contact our members by phone.

Christmas Social – OLGA will contact you a bit nearer the time! If you would like to join us at one of these socials, get in touch with OLGA on 07929 465044 and we will talk you through the membership details.

Useful contact information

SEXUALITY

OLGA Tel: 07929 465 044
Email: olga@mypostoffice.co.uk
PO Box 458, Scarborough YO11 9EH

MESMAC Yorkshire. Tel: 01904 620 400
PO Box 549, York. YO30 7GX

MENTAL HEALTH

Crisis Call Tel: 0800 501 254 (telephone support)
01723 384644 (crisis response, resolution and home treatment)
(Free from landlines. Mobiles - cost for initial message and Crisis Call will call you back, which is free)

Samaritans Tel: 01723 368 888
Samaritan House, 40 Trafalgar Street West,
Scarborough YO11

Survivors Mental Health Resource Centre
Tel: 01723 501 049
9 Alma Square, Scarborough YO11

Mind Tel: 01723 588008
Drop in Centre at Queen Street Methodist Church,
Fridays 12.30 to 3.30pm.

HOUSING

Housing Support Tel: 0845 872 7374
North Yorkshire County Council www.northyorks.gov.uk

Stonham Homestay Tel: 01723 366 566
Scarborough & Ryedale Homelessness Prevention
Email: scarborough@homegroup.org.uk
Tenancy Support Services
Roscoe Street, Scarborough YO11

**Stonham is an organization which is committed to social inclusion, equality and diversity and equal access to services for all, hence they aim to try to make sure that they reach out to their local communities by all available means, so potential clients are aware that their service exists and that everyone has the right to access it.*

Yorkshire Coast Homes Tel: 0845 065 5656
Gladstone Road, Scarborough YO11

SOCIAL CARE

Social Services
North Yorkshire County Council Tel: 08450349410
Scarborough and Ryedale Carers Resource
Support and advice for you as a carer.
Tel: 01723 850155 Email: staff@carersresource.net

SOCIAL

OLGA Tel: 07929 465 044
Email: olga@mypostoffice.co.uk
PO Box 458, Scarborough YO11 9EH

Albion Pub & Cabaret
136 Castle Road, Scarborough Tel: 01723 379068

Gay Scarborough Tel: 01723 375 849

Bacchus Night Club Tel: 01723 373 689
7a Ramshill Road, Scarborough YO11

York Lesbian Social Group 18+ Tel: 07963 414434
Email: yorklsg@talktalk.net

GENERAL ADVICE

Customer First Tel: 01723 232 323
Scarborough Borough Council (General Enquiries)
St. Nicholas Street, Scarborough YO11

OLGA Tel: 07929 465 044
Email: olga@mypostoffice.co.uk
PO Box 458, Scarborough YO11 9EH

Age Concern Scarborough Tel: 01723379058
39 Aberdeen Walk, Scarborough YO1 11 BD

Advocacy Alliance Tel: 01723 363 910
Allatt House, 5 West Parade Road, Scarborough
YO12 5ED

Citizens Advice Bureau
Tel: 01723368710
2 Roscoe Street, Scarborough YO11

Police

Tel: 999 (Emergency/Crime Being Carried out)
Tel: 0845 606 0247 (Police attendance is required)
Tel: 0800 555 111 (Crime Stoppers/To pass on Information related to any Crime)
Tel: 01723 384 444 (Anti-Social Behaviour)